



## Apr-May 2012 Class Timetable

MONDAYS	CLASS	TIME	CONTACT	TERM INFO
16 Apr – 21 May	Pilates for Men <i>*New*</i>	7.00-7.45pm	Daniela – 087287 2770	6 weeks €60
16 Apr – 21 May	Pilates	7.45-8.30pm	Daniela – 087287 2770	6 weeks €60
23 Apr – 28 May	Pole Fitness - Beginners	8.30-9.30pm	Sarah - 085 817 9073 lovetopoleireland@gmail.com	6 weeks €60
TUESDAYS	CLASS	TIME	CONTACT	TERM INFO
24 Apr – 29 May	Beginner Pole Improvers	8.30-9.30pm	Sarah - 085 817 9073 lovetopoleireland@gmail.com	6 weeks €60
15 May – 17 Jul	Beginner Yoga	7.00- 8.30pm	Bernie – 086 160 8270	10 weeks €110
15 May – 17 Jul	Advanced Yoga	8.30-10.00pm	Bernie – 086 160 8270	10 weeks €120
WEDNESDAYS	CLASS	TIME	CONTACT	TERM INFO
16 May – 18 Jul	Mixed Ability Yoga	10.00-11.30am	Bernie – 086 160 8270	10 weeks €110
23 May– 27 June	Zumba	7.00-8.00pm	Lisa – <a href="mailto:lisa@zumarumble.com">lisa@zumarumble.com</a>	6 weeks €50
ongoing	Krav Maga <i>*New*</i>	8.00-9.00 & 9.00-10.00pm	Andrew - 086 260 1973 info@Kmggreystones.com	
18 Apr – 23 May	Pilates	7.30-8.15pm	Daniela – 087287 2770	6 weeks €60
THURSDAYS	CLASS	TIME	CONTACT	TERM INFO
18 Apr – 10 May	Pilates for Pregnancy <i>*New*</i>	7.00-8.00pm	Deborah - 01 293 2969 <a href="http://www.bodyelements.ie">www.bodyelements.ie</a>	8 weeks
18 Apr – 10 May	Postnatal Pilates <i>*New*</i>	8.00-9.00pm	Deborah - 01 293 2969 <a href="http://www.bodyelements.ie">www.bodyelements.ie</a>	8 weeks
17 May – 19 Jul	Mixed Ability Yoga	7.30-9.00pm	Bernie – 086 160 8270	10 weeks €110
01 Mar – 31 May	Children's Ballet	3.00-6.15pm	Rachel Goode – 287 2281 <a href="http://www.thegoodeschoolofdance.com">www.thegoodeschoolofdance.com</a>	



## Spring 2012 Class Timetable

FRIDAYS	CLASS	TIME	CONTACT	TERM INFO
02 Mar – 25 May	Children's Ballet	2.30-8.30pm	Rachel Goode – 287 2281 <a href="http://www.thegoodeschoolofdance.com">www.thegoodeschoolofdance.com</a>	
SATURDAYS	CLASS	TIME	CONTACT	TERM INFO
03 Mar – 26 May	Children's Ballet	10.30am – 3.00pm	Rachel Goode – 287 2281 <a href="http://www.thegoodeschoolofdance.com">www.thegoodeschoolofdance.com</a>	
10 Mar – 26 May	4-6yr old Stage School	12.00-1.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms
10 Mar – 26 May	8-12yr old Stage School	12.00-3.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms
10 Mar – 26 May	13-16yr old Stage School	12.00-3.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms
10 Mar – 26 May	4-17yr old Stage Grade School	3.00-4.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms
10 Mar – 26 May	10-15yr old Stage Make up Classes	4.00-5.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms
10 Mar – 26 May	16+yrs Stage Make up	5.00-6.00pm	Grainne Earley - 086 323 0995 info@curtaincallacademy.ie	10 week terms